

# Symptom Tracker for Home

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**CALL THE SCHOOL TO LET US KNOW YOUR CHILD IS ILL (even if it isn't your class day)**  
**719-636-3084**

My child is ill with the following **major** symptoms which started on this date \_\_\_\_\_ and time \_\_\_\_\_

- Feeling feverish, having chills
- Temperature of 100.4 or greater
- Loss of taste or smell
- New or unexplained persistent cough
- Shortness of breath or difficulty breathing

Date my child no longer has these symptoms \_\_\_\_\_

**\*\*\*Call the office with this info to discuss return date.**

My child is ill with the following **minor** symptoms which started on this date \_\_\_\_\_ and time \_\_\_\_\_

\*please note that if a child has a chronic, documented medical condition (ie. allergies), that we are looking for an increase/worsening in symptoms beyond what is normal for your child. **Call the office for clarification.**

- Sore throat
- Runny nose
- Muscle or body aches
- Headache
- Fatigue
- Nausea, vomiting
- Diarrhea

Date my child no longer has these symptoms \_\_\_\_\_

**\*\*\*Call the office with this info to discuss return date.**

# Can my child go to school today?

Parents and guardians can use this flow chart to determine when to keep their child at home. Children who have symptoms that last over 48 hours can expect to be out at least 10 days. Call the school for clarification. Please call the school if a child has ANY symptoms even if it isn't on your normal school day. If any of your close contacts have COVID 19 symptoms, are awaiting results or have a positive test, please keep your child at home and call the school

