Symptom Tracker for Home

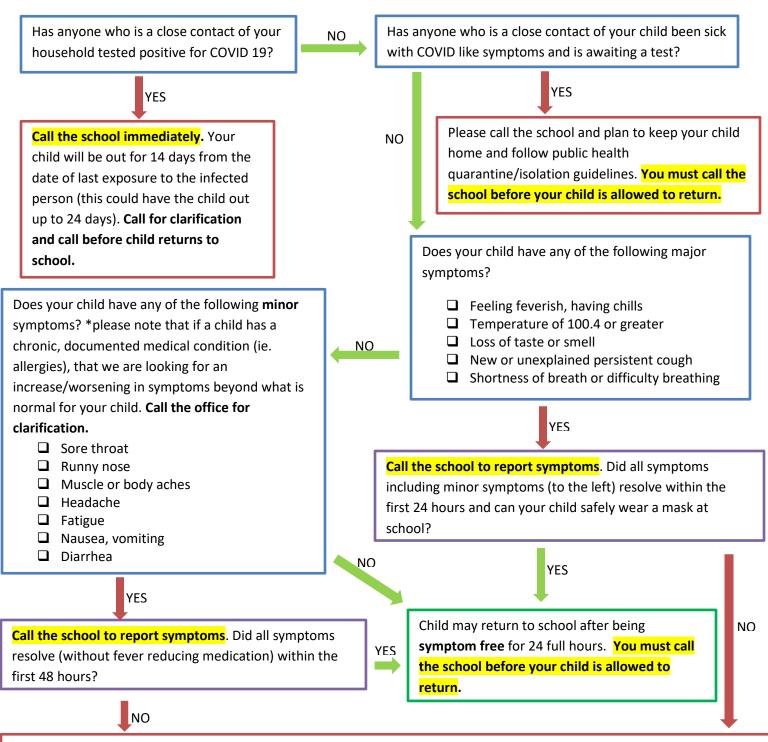
CALL THE SCHOOL TO LET US KNOW YOUR CHILD IS ILL (even if it isn't your class day) 719-636-3084

My chi	ld is ill with the following major symptoms which started on this date	and time
	Feeling feverish, having chills	
	Temperature of 100.4 or greater	
	Loss of taste or smell	
	New or unexplained persistent cough	
	Shortness of breath or difficulty breathing	
Date m	ny child no longer has these symptoms	
***Cal	I the office with this info to discuss return date.	
My chi	ld is ill with the following minor symptoms which started on this date	and time
	e note that if a child has a chronic, documented medical condition (ie. allergies), to e/worsening in symptoms beyond what is normal for your child. Call the office for	
	Sore throat	
	Runny nose	
	Muscle or body aches	
	Headache	
_	Fatigue	
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	Nausea, vomiting	
	O	

***Call the office with this info to discuss return date.

Can my child go to school today?

Parents and guardians can use this flow chart to determine when to keep their child at home. Children who have symptoms that last over 48 hours can expect to be out at least 10 days. Call the school for clarification. Please call the school if a child has ANY symptoms even if it isn't on your normal school day. If any of your close contacts have COVID 19 symptoms, are awaiting results or a have a positive test, please keep your child at home and call the school



Child will be excluded from care for 10 days from the onset of symptoms. They must also be completely symptom free for 24 hours before returning to school. Please contact your health care provider about guidance regarding COVID testing. There are free testing sites in Colorado Springs where children can be tested at no charge and without a doctor's order. Depending on symptoms, the pod/cohort may be quarantined unless/until the sick child has a negative COVID test per health department guidelines. Even with a negative test, the sick child cannot return without an alternate diagnosis that explains ALL symptoms. We will reach out with questions. You must call the school before your child is allowed to return.