

# PATHS®

## Parent/Caregiver-Child Activity

### Home Rules

#### Lesson 1



#### Why are rules important?

Rules provide predictability and routine. These qualities make school and home a calm and safe place to be.

Rules help children feel secure, because rules let them know what is expected.

#### What kind of rules do you have in your home?

Discuss the rules that you would like your child to follow at home. Write them on the lines provided.

Ask your child why it is important to follow the rules at home and at school.



*Example: Children are not allowed to use the stove without a parent's/caregiver's permission.*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_